

Jen Ponton



WHAT IF JOHN CANDY WAS A *girl*?

A Jersey native and a comedic force, Jen has served up laughs in both film and television. She is a Muppet enthusiast, horror fanatic, and body love activist. Jen is most commonly recognized for her work in the Emmy-nominated episode of "30 Rock," "Reaganing," opposite Kelsey Grammer at a Carvel being swindled by the Best Friends Gang.

Jen graduated with a BA in Theatre from Ramapo College of New Jersey and went on to work in New York and regional theatre. She memorably tickled audiences and broke hearts off-Broadway in Halley Feiffer's pitch-black play "How to Make Friends and Then Kill Them" (Rattlestick Playwrights Theater).

On television, she guest stars in critically acclaimed comedies "The Unbreakable Kimmy Schmidt," "Deadbeat" and "Orange is the New Black". She's also guest-starred as someone who cries a lot on "Blue Bloods," "Boardwalk Empire," "Law & Order: SVU," "The Slap," and "The Good Wife." Jen is co-creator and star of the series "The Weirdos Next Door," a hybrid of The Muppets and Full House. Jen is a proud member of the Television Academy.

This Jersey tomato of a gal has worked in indie features that have graced Sundance, Tribeca and SXSW. She stars in the indie film "Love on the Run," directed by Ash Christian (Petunia). She is the guileless Franny, who's suffering from a severe case of Stockholm syndrome as the hostage of hunky Rick (Steve Howey), while her dysfunctional family (Frances Fisher, Annaleigh Ashford) heads off in search of her. This dark road comedy, reminiscent of John Waters and "The Big Lebowski," is now partnered for distribution and awaiting release.

Like most good New Jerseyans, Jen has never left. Raised as an only child in ultra-rural Warren County amongst corn, cows, and little else, she considers herself a country girl at heart.

Jen married her college sweetheart and lives in the woods of NJ with him and their very excited dog. She is represented by The Mine.